


[118H4274]



(Original Signature of Member)

119TH CONGRESS  
1ST SESSION

# H. R. \_\_\_\_\_

To require the Secretary of Health and Human Services to improve the detection, prevention, and treatment of mental health issues among public safety officers, and for other purposes.

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## IN THE HOUSE OF REPRESENTATIVES

Mr. BERA introduced the following bill; which was referred to the Committee  
on \_\_\_\_\_

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# A BILL

To require the Secretary of Health and Human Services to improve the detection, prevention, and treatment of mental health issues among public safety officers, and for other purposes.

1 *Be it enacted by the Senate and House of Representa-*  
2 *tives of the United States of America in Congress assembled,*

3 **SECTION 1. SHORT TITLE.**

4 This Act may be cited as the “Helping Emergency  
5 Responders Overcome Act” or the “HERO Act”.

1 **SEC. 2. DATA SYSTEM TO CAPTURE NATIONAL PUBLIC**  
2 **SAFETY OFFICER SUICIDE INCIDENCE.**

3 The Public Health Service Act is amended by insert-  
4 ing after section 317V of such Act (42 U.S.C. 247b–24)  
5 the following:

6 **“SEC. 317W. DATA SYSTEM TO CAPTURE NATIONAL PUBLIC**  
7 **SAFETY OFFICER SUICIDE INCIDENCE.**

8 “(a) IN GENERAL.—The Secretary, in coordination  
9 with the Director of the Centers for Disease Control and  
10 Prevention and other agencies as the Secretary determines  
11 appropriate, may—

12 “(1) develop and maintain a data system, to be  
13 known as the Public Safety Officer Suicide Report-  
14 ing System, for the purposes of—

15 “(A) collecting data on the suicide inci-  
16 dence among public safety officers; and

17 “(B) facilitating the study of successful  
18 interventions to reduce suicide among public  
19 safety officers; and

20 “(2) integrate such system into the National  
21 Violent Death Reporting System, so long as the Sec-  
22 retary determines such integration to be consistent  
23 with the purposes described in paragraph (1).

24 “(b) DATA COLLECTION.—In collecting data for the  
25 Public Safety Officer Suicide Reporting System, the Sec-

1 retary shall, at a minimum, collect the following informa-  
2 tion:

3 “(1) The total number of suicides in the United  
4 States among all public safety officers in a given cal-  
5 endar year.

6 “(2) Suicide rates for public safety officers in  
7 a given calendar year, disaggregated by—

8 “(A) age and gender of the public safety  
9 officer;

10 “(B) State;

11 “(C) occupation; including both the indi-  
12 vidual’s role in their public safety agency and  
13 their primary occupation in the case of volun-  
14 teer public safety officers;

15 “(D) where available, the status of the  
16 public safety officer as volunteer, paid-on-call,  
17 or career; and

18 “(E) status of the public safety officer as  
19 active or retired.

20 “(c) CONSULTATION DURING DEVELOPMENT.—In  
21 developing the Public Safety Officer Suicide Reporting  
22 System, the Secretary shall consult with non-Federal ex-  
23 perts to determine the best means to collect data regard-  
24 ing suicide incidence in a safe, sensitive, anonymous, and

1 effective manner. Such non-Federal experts shall include,  
2 as appropriate, the following:

3 “(1) Public health experts with experience in  
4 developing and maintaining suicide registries.

5 “(2) Organizations that track suicide among  
6 public safety officers.

7 “(3) Mental health experts with experience in  
8 studying suicide and other profession-related trau-  
9 matic stress.

10 “(4) Clinicians with experience in diagnosing  
11 and treating mental health issues.

12 “(5) Active and retired volunteer, paid-on-call,  
13 and career public safety officers.

14 “(6) Relevant national police, and fire and  
15 emergency medical services, organizations.

16 “(d) DATA PRIVACY AND SECURITY.—In developing  
17 and maintaining the Public Safety Officer Suicide Report-  
18 ing System, the Secretary shall ensure that all applicable  
19 Federal privacy and security protections are followed to  
20 ensure that—

21 “(1) the confidentiality and anonymity of sui-  
22 cide victims and their families are protected, includ-  
23 ing so as to ensure that data cannot be used to deny  
24 benefits; and

1           “(2) data is sufficiently secure to prevent unau-  
2           thorized access.

3           “(e) REPORTING.—

4           “(1) ANNUAL REPORT.—Not later than 2 years  
5           after the date of enactment of the Helping Emer-  
6           gency Responders Overcome Act, and biannually  
7           thereafter, the Secretary shall submit a report to the  
8           Congress on the suicide incidence among public safe-  
9           ty officers. Each such report shall—

10           “(A) include the number and rate of such  
11           suicide incidence, disaggregated by age, gender,  
12           and State of employment;

13           “(B) identify characteristics and contrib-  
14           uting circumstances for suicide among public  
15           safety officers;

16           “(C) disaggregate rates of suicide by—

17           “(i) occupation;

18           “(ii) status as volunteer, paid-on-call,  
19           or career; and

20           “(iii) status as active or retired;

21           “(D) include recommendations for further  
22           study regarding the suicide incidence among  
23           public safety officers;

24           “(E) specify in detail, if found, any obsta-  
25           cles in collecting suicide rates for volunteers

1 and include recommended improvements to  
2 overcome such obstacles;

3 “(F) identify options for interventions to  
4 reduce suicide among public safety officers; and

5 “(G) describe procedures to ensure the  
6 confidentiality and anonymity of suicide victims  
7 and their families, as described in subsection  
8 (d)(1).

9 “(2) PUBLIC AVAILABILITY.—Upon the submis-  
10 sion of each report to the Congress under paragraph  
11 (1), the Secretary shall make the full report publicly  
12 available on the website of the Centers for Disease  
13 Control and Prevention.

14 “(f) DEFINITION.—In this section, the term ‘public  
15 safety officer’ means—

16 “(1) a public safety officer, as defined in sec-  
17 tion 1204 of the Omnibus Crime Control and Safe  
18 Streets Act of 1968; or

19 “(2) a public safety telecommunicator, as de-  
20 scribed in detailed occupation 43–5031 in the Stand-  
21 ard Occupational Classification Manual of the Office  
22 of Management and Budget (2018).

23 “(g) PROHIBITED USE OF INFORMATION.—Notwith-  
24 standing any other provision of law, if an individual is  
25 identified as deceased based on information contained in

1 the Public Safety Officer Suicide Reporting System, such  
2 information may not be used to deny or rescind life insur-  
3 ance payments or other benefits to a survivor of the de-  
4 ceased individual.”.

5 **SEC. 3. PEER-SUPPORT BEHAVIORAL HEALTH AND**  
6 **WELLNESS PROGRAMS WITHIN FIRE DEPART-**  
7 **MENTS AND EMERGENCY MEDICAL SERVICE**  
8 **AGENCIES.**

9 (a) IN GENERAL.—Part B of title III of the Public  
10 Health Service Act (42 U.S.C. 243 et seq.) is amended  
11 by adding at the end the following:

12 **“SEC. 320C. PEER-SUPPORT BEHAVIORAL HEALTH AND**  
13 **WELLNESS PROGRAMS WITHIN FIRE DEPART-**  
14 **MENTS AND EMERGENCY MEDICAL SERVICE**  
15 **AGENCIES.**

16 “(a) IN GENERAL.—The Secretary may award grants  
17 to eligible entities for the purpose of establishing or en-  
18 hancing peer-support behavioral health and wellness pro-  
19 grams within fire departments and emergency medical  
20 services agencies.

21 “(b) PROGRAM DESCRIPTION.—A peer-support be-  
22 havioral health and wellness program funded under this  
23 section shall—

1           “(1) use career and volunteer members of fire  
2 departments or emergency medical services agencies  
3 to serve as peer counselors;

4           “(2) provide training to members of career, vol-  
5 unteer, and combination fire departments or emer-  
6 gency medical service agencies to serve as such peer  
7 counselors;

8           “(3) purchase materials to be used exclusively  
9 to provide such training; and

10           “(4) disseminate such information and mate-  
11 rials as are necessary to conduct the program.

12           “(c) DEFINITION.—In this section:

13           “(1) The term ‘eligible entity’ means a non-  
14 profit organization with expertise and experience  
15 with respect to the health and life safety of members  
16 of fire and emergency medical services agencies.

17           “(2) The term ‘member’—

18           “(A) with respect to an emergency medical  
19 services agency, means an employee, regardless  
20 of rank or whether the employee receives com-  
21 pensation (as defined in section 1204(7) of the  
22 Omnibus Crime Control and Safe Streets Act of  
23 1968); and

24           “(B) with respect to a fire department,  
25 means any employee, regardless of rank or



1           whether the employee receives compensation, of  
2           a Federal, State, Tribal, or local fire depart-  
3           ment who is responsible for responding to calls  
4           for emergency service.”.

5           (b) TECHNICAL CORRECTION.—Effective as if in-  
6           cluded in the enactment of the Children’s Health Act of  
7           2000 (Public Law 106–310), the amendment instruction  
8           in section 1603 of such Act is amended by striking “Part  
9           B of the Public Health Service Act” and inserting “Part  
10          B of title III of the Public Health Service Act”.

11   **SEC. 4. HEALTH CARE PROVIDER BEHAVIORAL HEALTH**  
12                                   **AND WELLNESS PROGRAMS.**

13          Part B of title III of the Public Health Service Act  
14   (42 U.S.C. 243 et seq.), as amended by section 3, is fur-  
15   ther amended by adding at the end the following:

16   **“SEC. 320D. HEALTH CARE PROVIDER BEHAVIORAL**  
17                                   **HEALTH AND WELLNESS PROGRAMS.**

18          “(a) IN GENERAL.—The Secretary may award grants  
19   to eligible entities for the purpose of establishing or en-  
20   hancing behavioral health and wellness programs for  
21   health care providers.

22          “(b) PROGRAM DESCRIPTION.—A behavioral health  
23   and wellness program funded under this section shall—

24                  “(1) provide confidential support services for  
25   health care providers to help handle stressful or

1 traumatic patient-related events, including coun-  
2 seling services and wellness seminars;

3 “(2) provide training to health care providers to  
4 serve as peer counselors to other health care pro-  
5 viders;

6 “(3) purchase materials to be used exclusively  
7 to provide such training; and

8 “(4) disseminate such information and mate-  
9 rials as are necessary to conduct such training and  
10 provide such peer counseling.

11 “(c) DEFINITIONS.—In this section, the term ‘eligible  
12 entity’ means a hospital, including a critical access hos-  
13 pital (as defined in section 1861(mm)(1) of the Social Se-  
14 curity Act) or a disproportionate share hospital (as defined  
15 in section 1923(a)(1)(A) of such Act), a Federally-quali-  
16 fied health center (as defined in section 1905(1)(2)(B) of  
17 such Act), or any other health care facility.”.

18 **SEC. 5. DEVELOPMENT OF RESOURCES FOR EDUCATING**  
19 **MENTAL HEALTH PROFESSIONALS ABOUT**  
20 **TREATING FIRE FIGHTERS AND EMERGENCY**  
21 **MEDICAL SERVICES PERSONNEL.**

22 (a) IN GENERAL.—The Administrator of the United  
23 States Fire Administration, in consultation with the Sec-  
24 retary of Health and Human Services, shall develop and  
25 make publicly available resources that may be used by the

1 Federal Government and other entities to educate mental  
2 health professionals about—

3 (1) the culture of Federal, State, Tribal, and  
4 local career, volunteer, and combination fire depart-  
5 ments and emergency medical services agencies;

6 (2) the different stressors experienced by fire-  
7 fighters and emergency medical services personnel,  
8 supervisory firefighters and emergency medical serv-  
9 ices personnel, and chief officers of fire departments  
10 and emergency medical services agencies;

11 (3) challenges encountered by retired fire-  
12 fighters and emergency medical services personnel;  
13 and

14 (4) evidence-based therapies for mental health  
15 issues common to firefighters and emergency med-  
16 ical services personnel within such departments and  
17 agencies.

18 (b) CONSULTATION.—In developing resources under  
19 subsection (a), the Administrator of the United States  
20 Fire Administration and the Secretary of Health and  
21 Human Services shall consult with national fire and emer-  
22 gency medical services organizations.

23 (c) DEFINITIONS.—In this section:

24 (1) CHIEF OFFICER.—The term “chief officer”  
25 means any individual who is responsible for the over-

1 all operation of a fire department or an emergency  
2 medical services agency, irrespective of whether such  
3 individual also serves as a firefighter or emergency  
4 medical services personnel.

5 (2) EMERGENCY MEDICAL SERVICES PER-  
6 SONNEL.—The term “emergency medical services  
7 personnel” means any employee, regardless of rank  
8 or whether the employee receives compensation, as  
9 defined in section 1204(7) of the Omnibus Crime  
10 Control and Safe Streets Act of 1968 (34 U.S.C.  
11 10284(7)).

12 (3) FIREFIGHTER.—The term “firefighter”  
13 means any employee, regardless of rank or whether  
14 the employee receives compensation, of a Federal,  
15 State, Tribal, or local fire department who is respon-  
16 sible for responding to calls for emergency service.

17 **SEC. 6. BEST PRACTICES AND OTHER RESOURCES FOR AD-**  
18 **DRESSING POSTTRAUMATIC STRESS DIS-**  
19 **ORDER IN PUBLIC SAFETY OFFICERS.**

20 (a) DEVELOPMENT; UPDATES.—The Secretary of  
21 Health and Human Services shall—

22 (1) develop and assemble evidence-based best  
23 practices and other resources to identify, prevent,  
24 and treat posttraumatic stress disorder and co-oc-  
25 ccurring disorders in public safety officers; and

1           (2) reassess and update, as the Secretary deter-  
2           mines necessary, such best practices and resources,  
3           including based upon the options for interventions to  
4           reduce suicide among public safety officers identified  
5           in the annual reports required by section  
6           317W(e)(1)(F) of the Public Health Service Act, as  
7           added by section 2 of this Act.

8           (b) CONSULTATION.—In developing, assembling, and  
9           updating the best practices and resources under sub-  
10          section (a), the Secretary of Health and Human Services  
11          shall consult with, at a minimum, the following:

12           (1) Public health experts.

13           (2) Mental health experts with experience in  
14          studying suicide and other profession-related trau-  
15          matic stress.

16           (3) Clinicians with experience in diagnosing and  
17          treating mental health issues.

18           (4) Relevant national police, fire, and emer-  
19          gency medical services organizations.

20          (c) AVAILABILITY.—The Secretary of Health and  
21          Human Services shall make the best practices and re-  
22          sources under subsection (a) available to Federal, State,  
23          and local fire, law enforcement, and emergency medical  
24          services agencies.

1 (d) FEDERAL TRAINING AND DEVELOPMENT PRO-  
2 GRAMS.—The Secretary of Health and Human Services  
3 shall work with Federal departments and agencies, includ-  
4 ing the United States Fire Administration, to incorporate  
5 education and training on the best practices and resources  
6 under subsection (a) into Federal training and develop-  
7 ment programs for public safety officers.

8 (e) DEFINITION.—In this section, the term “public  
9 safety officer” means—

10 (1) a public safety officer, as defined in section  
11 1204 of the Omnibus Crime Control and Safe  
12 Streets Act of 1968 (34 U.S.C. 10284); or

13 (2) a public safety telecommunicator, as de-  
14 scribed in detailed occupation 43–5031 in the Stand-  
15 ard Occupational Classification Manual of the Office  
16 of Management and Budget (2018).